

Fundamentals of Nursing Skill Lab Article List

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1. VITAL SIGNS TRAY

S.N.	Name Of Instrument/ Article	Qty	S.N.	Name Of Instrument/ Article	Qty
1.	Clean gloves	1	7.	Stop watch	1
2.	Digital thermometer	1	8.	Gallipot with spirit swabs	1
3.	Sphygmomanometer	1	9.	Kidney tray	1
4.	Sthethoscope	1	10.	Different colour pens for charting	
5.	Pulseoxymeter	1	11.	Vital signs flow sheet or record	
6.	Nail polish remover (if needed)	1			

2. PHYSICAL EXAMINATION TRAY

S.N.	Name Of Instrument/ Article	Qty	S.N.	Name Of Instrument/ Article	Qty
1.	Drapes/covers		9.	Tongue depressor	1
2.	Clean gloves	1 pair	10.	Tunning fork (512 hz, 256 hz)	
3.	Patient gown	1	11.	Ear speculum	1
4.	Eye chart (snellen's chart)	1	12.	Gallipots with sterile cotton/ Substance for smelling test	2
5.	Torch light	1	13.	Kidney tray (for wet waste)	1
6.	Knee hammer	1	14.	Paper bag (for dry waste)	
7.	Graduated scale,(30cm and 15cm)	2	15.	Vital signs tray	
8.	Measuring tape	1			

3. HAND WASHING

S.N.	Name Of Instrument/ Article	Qty
1.	Antiseptic hand rub; alcohol based, waterless, antiseptic - containing emollient	
2.	Antimicrobial or non - antimicrobial soap	
3.	Paper towels/air drier	

4. ORAL MEDICATION ADMINISTRATION TRAY;

S.N.	Name Of Instrument/ Article	Qty	S.N.	Name Of Instrument/ Article	Qty
1.	Oral medication strip		7.	Disposable medication cups	1
2.	Mortar and pestle	1 set	8.	Glass of water, juice, or preferred liquid	1
3.	Clean gloves	1 set	9.	Drinking straw	1
4.	Face towels	1	10.	Medication administration record	
5.	Paper bag (for dry waste)				
6.	Kidney tray (for wet waste)	1			

5. OPHTHALMIC MEDICATION ADMINISTRATION AND EYE CARE TRAY

S.N.	Name Of Instrument/ Article	Qty	S.N.	Name Of Instrument/ Article	Qty
1.	Clean gloves	1 pair	7.	Paper bag	1
2.	Normal saline	1	8.	Ophthalmic medication (eye drop/ eye ointment)	
3.	Small bowl filled with lukewarm water	1	9.	Eye patch and adhesive tape (optional)	
4.	Face towel	1	10.	Medication administration record	
5.	Gallipot containing dry cotton balls	1			
6.	Kidney tray	1			

6. INJECTIONS ADMINISTRATION TRAY

S.N.	Name Of Instrument/ Article	Qty	S.N.	Name Of Instrument/ Article	Qty
1.	Proper sized needles		7.	Kidney tray:	1
2.	Subcutaneous: insulin syringe		8.	Paper bag:	1
3.	Intramuscular: 2 to 3 ml syringe		9.	Clean gloves:	1 pair
4.	Intradermal: 1 ml tuberculin syringe with needle		10.	Medication administration record	
5.	Gallipot with antiseptic swab	1			
6.	Ampoule cutter	1			

7. NTRAVENOUS BOLUS ADMINISTRATION TRAY

S.N.	Name Of Instrument/ Article	Qty	S.N.	Name Of Instrument/ Article	Qty
1.	Clean gloves	1 pair	7.	Gallipot with sterile cotton swabs	1
2.	Medication (vial/ampoule)		8.	Kidney tray	1
3.	Syringes of different sizes: 5 ml/10 ml		9.	Paper bag	
4.	Intravenous lock: vial of normal saline flush/heparin 10 units		10.	Medication administration record	
5.	Ampoule cutter	1			
6.	Tourniquet (optional)				

8. INTRAVENOUS MEDICATION/ FLUID INFUSION TRAY

S.N.	Name Of Instrument/ Article	Qty	S.N.	Name Of Instrument/ Article	Qty
1.	Clean gloves	1 pair	7.	Adhesive tape	
2.	IV set (macro/micro – volume control set)		8.	Kidney tray	1
3.	IV drug (infusion/vial/ampoule) or IV fluid (as prescribed)		9.	Paper bag	1
4.	Intravenous lock: vial of normal saline flush/heparin 10 units		10.	Gallipot with spirit swabs	1
5.	Syringes for IV flush and medication (as required)		11.	Medication administration record	
6.	Ampoule cutter	1			

9. NEBULIZATION TRAY

S.N.	Name Of Instrument/ Article	Qty	S.N.	Name Of Instrument/ Article	Qty
1.	Clean gloves	1 pair	6.	Gauze pad	1
2.	Nebulizer	1	7.	Face towel	1
3.	Nebulization respules (as prescribed)		8.	Sputum mug (if required)	1
4.	If drug available in vial (distilled water for dilution 5 ml – 1, syringe 5 ml)	1	9.	Emesis basin	1
			10.	Glass of water	1
5.	Nebulization mask	1	11.	Kidney tray	1

10. STEAM INHALATION TRAY

S.N.	Name Of Instrument/ Article	Qty
1.	Steam inhaler with water	1
2.	Bath towel	1
3.	Face towel	1
4.	Sputum mug	1

11. BED BATH TRAY

S.N.	Name Of Instrument/ Article	Qty	S.N.	Name Of Instrument/ Article	Qty
1.	Buckets hot and cold water	2	10.	Face towel	1
2.	Basin for clean water and 1 for dirty water	3	11.	Kidney tray	1
3.	Linen	1 set	12.	Body lotion/body oil/powder (as preferred by patient)	
4.	Patient clothes/gown	1	13.	Toilet tissue or wipes	
5.	Mug	1	14.	Clean gloves	1 pair
6.	Laundry bag	1	15.	Gallipots containing gauze and dry cotton balls	2
7.	Soap and soap dish		16.	Paper bag	1
8.	Mackintosh	1			
9.	Bath towel	2			

12. NAIL AND FOOT CARE TRAY

S.N.	Name Of Instrument/ Article	Qty	S.N.	Name Of Instrument/ Article	Qty
1.	Clean gloves	1 pair	7.	Bath or face towel	1
2.	Nail clippers	1	8.	Body lotion	1
3.	Nail brush	1	9.	Mackintosh	1
4.	Nail filer	1	10.	Gallipot with gauze pieces	1
5.	Soap dish with soap	1	11.	Kidney tray	1
6.	Wash basin	2	12.	Paper bag	1

13. ORAL CARE TRAY- FOR CONSCIOUS PATIENTS

S.N.	Name Of Instrument/ Article	Qty	S.N.	Name Of Instrument/ Article	Qty
1.	Clean gloves	1 pair	6.	Emesis basin	1
2.	Toothbrush	1	7.	Mackintosh	1
3.	Toothpaste	1	8.	Torch light	1
4.	Antiseptic mouth rinse: 1 (optional)		9.	Face towel	1
			10.	Emollients	1
5.	Glass with water	1			

14. ORAL CARE TRAY- FOR UNCONSCIOUS PATIENTS

S.N.	Name Of Instrument/ Article	Qty	S.N.	Name Of Instrument/ Article	Qty
1.	Clean gloves	1 pair	7.	Mackintosh	1
2.	Kidney tray	1	8.	Bath towel	1
3.	Artery forceps (straight)	1	9.	Tongue depressor	1
4.	Thumb forceps (non-toothed)	1	10.	Yankur suction with tubings	1
5.	Gallipot containing sterile gauze pieces	1	11.	Suction apparatus	
6.	Chlorhexidine solution	1	12.	Torch light	1
			13.	Emollient	1

15. BACK CARE TRAY:

S.N.	Name Of Instrument/ Article	Qty
1.	Clean gloves	1 pair
2.	Basin for clean and dirty water	2
3.	Mackintosh	1
4.	Bath towel	1
5.	Sponge cloth	2
6.	Soap dish with soap	1
7.	Kidney tray	1
8.	Powder/ oil/ lotion (according to patient's preference)	

16. HAIR WASH AND HAIR CARE TRAY

S.N.	Name Of Instrument/ Article	Qty	S.N.	Name Of Instrument/ Article	Qty
1.	Clean gloves	1 pair	8.	Gallipot containing; gauze Pieces and cotton balls	1
2.	Mackintosh	1	9.	Kidney tray	1
3.	Bath towel	2	10.	Paper bag	1
4.	Bucket (for clean and dirty water)	2	11.	Comb/ hair brush	1
5.	Plastic apron	1	12.	Hair oil (according to patient's Preference)	
6.	Bath mug	1	13.	Hair ties (as required)	
7.	Shampoo sachet (as required)				

17. ENEMA ADMINISTRATION SET

S.N.	Name Of Instrument/ Article	Qty
1.	Enema can with tubings: ezivac enema: (as prescribed)	1 + 1
2.	Clean gloves	1 pair
3.	Mackintosh	1
4.	Xylocaine jelly	1
5.	Bed pan	1
6.	Soap kit with soap	1
7.	Gauze pad	
8.	Diaper (adult): optional	
9.	Mug with water	1

18. NG TUBE INSERTION AND FEEDING TRAY

S.N.	Name Of Instrument/ Article	Qty	S.N.	Name Of Instrument/ Article	Qty
1.	Ng tube (14f /16 f)		7.	Clean gloves	1 pair
2.	Mackintosh	1	8.	Adhesive tape	1
3.	Xylocaine jelly	1	9.	Kidney tray with water	1
4.	Syringe 50 ml	1	10.	Gallipot containing gauze piece	1
5.	Sthethoscope	1	11.	Plastic glass	1
6.	Sterile gloves	1 pair	12.	Glass with water	1

19. URINARY CATHETERIZATION TRAY

S.N.	Name Of Instrument/ Article	Qty
1.	Mackintosh	1
2.	Distilled water 10 ml	1
3.	Sterile gloves	1 pair
4.	Foley's catheter 2 way (14f/ 16f)/ 3-way/ plain (as required)	
5.	Urobag	1
6.	Adhesive tape	1
7.	Xylocaine jelly	1
8.	Articles for perineal care	

20. PERINEAL CARE TRAY:

S.N.	Name Of Instrument/ Article	Qty	S.N.	Name Of Instrument/ Article	Qty
1.	Sterile gloves	1 pair	6.	Gallipot for betadine and cotton balls	2
2.	Clean gloves	1 pair	7.	Normal saline	1
3.	Kidney tray	1	8.	Perineal cloth	1
4.	Artery forcep (straight)	1	9.	Mackintosh	1
5.	Sponge holding forcep	1	10.	Draw sheet	1

21. IV CANNULATION TRAY;

S.N.	Name Of Instrument/ Article	Qty	S.N.	Name Of Instrument/ Article	Qty
1.	Iv canuula of different sizes (18g/20g/22g)		6.	Gallipot for spirit swabs and betadine	2
2.	Clean gloves	1 pair	7.	Plastic bottle with dry cotton and adhesive tape	2
3.	Small mackintosh	1	8.	Kidney tray	1
4.	Small drawsheet	1	9.	Syringe with ns for iv flush (5ml)	1
5.	Tourniquet	1	10.	Paper bag	1

22. BLOOD SAMPLE COLLECTION TRAY

S.N.	Name Of Instrument/ Article	Qty
1.	Syringes (3ml, 5ml, 10 ml)	
2.	Vacuutainers (plain, edta, pt/inr)	
3.	Tourniquet	1
4.	Gallipot containing spirit swab and dry cotton	2
5.	Adhesive tape	1
6.	Kidney tray	1
7.	Patient labels	

23. URINE SAMPLE COLLECTION TRAY

S.N.	Name Of Instrument/ Article	Qty
1.	Clean gloves	1 set
2.	Artey forceps	1
3.	Gauze piece	
4.	Sample collection bottles: sterile and routine	
5.	Mackintosh	1
6.	Kidney tray	1
7.	Patient label	

24. SUTURE TRAY (SUTURING AND REMOVAL)

S.N.	Name Of Instrument/ Article	Qty	S.N.	Name Of Instrument/ Article	Qty
1.	Thumb forceps (toothed)	1	7.	Drawsheet	1
2.	Needle holder	1	8.	Gallipot containing; cotton balls and betadine	2
3.	Surgical scissors	1	9.	Gauze pads	
4.	Suture cutting scissors	1	10.	Roller bandage (4 inch)	1
5.	Suture material (as required)		11.	Adhesive tape	
6.	Mackintosh	1			

25. NASAL MEDICATION ADMINISTRATION TRAY

S.N.	Name Of Instrument/ Article	Qty	S.N.	Name Of Instrument/ Article	Qty
1.	Nasal medication with dropper/ ointment/ spray		7.	Medical administration record sheet	
2.	Cotton tipped applicator		8.	Kidney tray	1
3.	Small pillow (optional)				
4.	Tissue wipes				
5.	Clean gloves (if drainage present)	1 pair			
6.	Penlight	1			

26. EAR MEDICATION ADMINISTRATION/ IRRIGATION TRAY

S.N.	Name Of Instrument/ Article	Qty
1.	Medication with dropper / ear ointment	
2.	Cotton tipped applicator	1
3.	Clean gloves (if drainage present)	1 pair
4.	Gallipot containing cotton balls	1
5.	Irrigation: irrigation syringe and solution	2
6.	Kidney tray	1
7.	Towel	
8.	Medication administration record sheet	

27. OXYGEN ADMINISTRATION TRAY

S.N.	Name Of Instrument/ Article	Qty	S.N.	Name Of Instrument/ Article	Qty
1.	Oxygen cylinder with Flowmeter	1	6.	High flow oxygen mask	
2.	Oxygen delivery device with Tubings (as prescribed)	1	7.	Kidney tray	1
3.	Simple face mask		8.	Gallipot with gauze piece	1
4.	Nasal canuula		9.	Distilled water for humidification	
5.	Venturi mask		10.	Prescription	

28. BLOOD GLUCOSE MONITORING TRAY

S.N.	Name Of Instrument/ Article	Qty
1.	Glucometer	1
2.	Lancets	
3.	Glucometer strips	1
4.	Cotton swabs	
5.	Gallipot	1
6.	Kidney tray	1

29. HOT AND COLD APPLICATION TRAY

S.N.	Name Of Instrument/ Article	Qty
1.	Hot water bag with cover	1
2.	Cold pack/ cold gel	1

30. BED MAKING TRAY

S.N.	Name Of Instrument/ Article	Qty	S.N.	Name Of Instrument/ Article	Qty
1.	Kidney tray	1	6.	Draw sheet	1
2.	Mitten	4	7.	Top sheet	1
3.	Basin with soap water	1	8.	Blanket	1
4.	Bottom sheet	1	9.	Pillow cover	1
5.	Mackintosh	1			