

MIDWIFERY NURSING SKILL LAB ARTICLE LIST

TABLE OF CONTENT

S.N.	TOPICS
1.	Antenatal assessment set
2.	Normal delivery set
3.	Episiotomy set
4.	Pericare set
5.	Breast care set
6.	Baby bath set
7.	Gynecological examination set
8.	Postnatal examination set
9.	PPH/shock management tray
10.	MVA set

1. ANTENATAL ASSESSMENT SET

S.N.	Name Of Instrument/ Article	Quantity
1.	Weighing machine (digital)	1
2.	Stapedometer	1
3.	Bp set	1
4.	Thermometer	1
5.	Measuring tape	1
6.	Watch	1
7.	Torch light	1
8.	Gallipot with cotton ball	4-5 pcs
9.	Fetoscope	1
10.	Sterile gloves (to perform vaginal examination)	2 pair
11.	Other items- examination table, bed, screen	1 set

2. NORMAL DELIVERY SET

S.N.	Name Of Instrument/ Article	Quantity
1.	Sponge forceps/ sponge holder	2
2.	Plain artery forceps	2
3.	Cord cutting scissors	1
4.	Gallipot with cotton balls	1
5.	Bowl/ kidney tray	1
6.	Kochers forceps	1
7.	Perineal sheet	2
8.	Abdominal sheet	2
9.	Perineal pad	2
10.	Gauze pieces and cotton balls	4-5 pcs
11.	Sterile gloves	
12.	Betadine solution (antiseptic solution)	2 pair

3. EPISIOTOMY SET

S.N.	Name Of Instrument/ Article	Quantity
1.	Episiotomy scissors	1
2.	Tooth dissecting forceps	1
3.	Non-tooth dissecting forceps	1
4.	Small artery forceps	2
5.	Needle holder	1
6.	Thread cutting scissors	1
7.	Chromic catgut with needle	1
8.	Inj xylocaine 2%	2
9.	Syringe 10 ml	1
10.	Normal saline (ns)	1
11.	Sterile gloves	2 pair

4. PERICARE SET

S.N.	Name Of Instrument/ Article	Quantity
1.	Sterile bowl	1
2.	Artery forceps	1
3.	Thumb forceps	1
4.	Antiseptic solution (betadine)	1
5.	Gauze pieces	1
6.	Sterile kidney tray	1
7.	Cheatle forceps with jar	1
8.	Sterile drum containing sterile pad,cotton and gauze	
9.	Perineal light	2
10.	Mackintosh/ rubber sheet	1
11.	Paper bag/ bucket	1
12.	Screen	1
13.	Clean bed pan	2

5. BREAST CARE SET

S.N.	Name Of Instrument/ Article	Quantity
1.	Bowl of cotton swabs	1 set
2.	Sponge cloths	2 pair
3.	Towel	1
4.	Kidney tray	1
5.	Small mackintosh	1
6.	One basin with luke warm water	1
7.	Jug	1
8.	Screen	1

6. BABY BATH SET

S.N.	Name Of Instrument/ Article	Qty
1.	Warm water(37C-38C) in baby bath tub	1
2.	Water jug	2
3.	Soft towel, to dry after bathing	1
4.	Kidney tray/paper bag	1
5.	Bucket or container	1
6.	Clean baby cloth	1
7.	Napkin	1
8.	Baby soap (non-irritating)	1

S.N.	Name Of Instrument/ Article	Qty
9.	Eye care set containing: (normal saline/boiled water in sterile bowl, sterile cotton)	1 set
10.	Equipment for cord care: normal saline, cord clamp	1 set
11.	Oil to apply after bath	1
12.	Dry cotton to apply on baby's ear for prevention of water entry inside auditory canal	4-5 pcs
13.	Infantometer (weight machine)	1

7. GYNECOLOGICAL EXAMINATION SET

S.N.	Name Of Instrument/ Article	Qty
1.	Kidney tray	1
2.	Sponge holding forceps	1
3.	Cusco's vaginal speculum	1
4.	Sims' vaginal speculum	1
5.	Allis tissue forceps	1
6.	Antiseptic solution (Betadine)	1
7.	Sterile cotton balls/swabs	

S.N.	Name Of Instrument/ Article	Qty
8.	Gauze pieces	1
9.	Lubricating jelly	1 set
10.	Mackintosh (rubber sheet)	1 set
11.	Normal saline	1
12.	Disposable gloves (sterile & non-sterile)	1 pair
13.	Torch/light source	1

8. POSTNATAL EXAMINATION SET

S.N.	Name Of Instrument/ Article	Qty	S.N.	Name Of Instrument/ Article	Qty
1.	Sterile / clean gloves	1	7.	Kidney tray	1
2.	Apron	1	8.	Torch light	1
3.	BP instrument	1	9.	Sterile pads	few
4.	Thermometer	1	10.	Watch	1
5.	Tape measure	1	11.	Clean towel	1
6.	Weighing scale(baby)	1	12.	Cotton swabs/gauze pieces	few

9. PPH/ SHOCK MANAGEMENT TRAY

S.N.	Name Of Instrument/ Article	Qty	S.N.	Name Of Instrument/ Article	Qty
1.	Sterile gloves	2-3 pairs	15.	Syringes (5 ml, 10 ml, 20 ml)	1
2.	Kidney tray	1	16.	BP apparatus	
3.	Sponge holding forceps	1	17.	Stethoscope	
4.	Artery forceps	1	18.	Pulse oximeter	
5.	Gauze pieces	1	19.	Thermometer	
6.	Perineal pads	1	20.	Urinary catheter (Foley's)	
7.	Oxytocin (10IU ampoules)	1	21.	Urine collection bag	
8.	Inj Tranexamic acid (TXA)	1	22.	Uterine balloon tamponade (Condom catheter set)	
9.	Misoprostol tablets	1	23.	Vaginal speculum (Cusco's/Sims')	
10.	IV fluids (Normal saline / Ringer lactate)	2-3bottel	24.	Suturing set (for tear repair)	
11.	Calcium gluconate (if needed)		25.	Long gloves	
12.	Adrenaline (for emergency)		26.	Oxygen cylinder with mask	
13.	IV cannula (16G/18G)	1	27.	Ambu bag	
14.	IV infusion sets	2	28.	Warm blankets	

10. MVA SET

S.N.	Name Of Instrument/ Article	Qty
1.	Sterile gloves	2-3 pairs
2.	Gauze pieces	10-20pairs
3.	Cotton balls	few
4.	Povidone iodine solution	1 bottle
5.	Lignocaine	1-2
6.	Syringe	1-2
7.	Sterile drapes	1
8.	Torch light	1
9.	Specimen container	1
10.	Mva syringe	1

S.N.	Name Of Instrument/ Article	Qty
11.	Cannula various size	1set
12.	Dilators various size	1set
13.	Cusco's /sim's speculum	1
14.	Vulsellum	1
15.	Uterine sound	1
16.	Sponge holding forceps	1-2
17.	Artery forceps	2-4
18	Kidney tray	1-2
19.	Iv set	1