

Midwifery Skill Lab Article List

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1. ANTENATAL ASSESSMENT SET

S.N.	Name Of Instrument/ Article	Quantity
1.	Weighing machine (digital)	1
2.	Stapedometer	1
3.	Bp set	1
4.	Thermometer	1
5.	Measuring tape	1
6.	Watch	1
7.	Torch light	1
8.	Gallipot with cotton ball	4-5 pcs
9.	Fetoscope	1
10.	Sterile gloves (to perform vaginal examination)	2 pair
11.	Other items- examination table, bed, screen	1 set

2. NORMAL DELIVERY SET

S.N.	Name Of Instrument/ Article	Quantity
1.	Sponge forceps/ sponge holder	2
2.	Plain artery forceps	2
3.	Cord cutting scissors	1
4.	Gallipot with cotton balls	1
5.	Bowl/ kidney tray	1
6.	Kochers forceps	1
7.	Perineal sheet	2
8.	Abdominal sheet	2
9.	Perineal pad	2
10.	Gauze pieces and cotton balls	4-5 pcs
11.	Sterile gloves	
12.	Betadine solution (antiseptic solution)	2 pair

3. EPISIOTOMY SET

S.N.	Name Of Instrument/ Article	Quantity
1.	Episiotomy scissors	1
2.	Tooth dissecting forceps	1
3.	Non-tooth dissecting forceps	1
4.	Small artery forceps	2
5.	Needle holder	1
6.	Thread cutting scissors	1
7.	Chromic catgut with needle	1
8.	Inj xylocaine 2%	2
9.	Syringe 10 ml	1
10.	Normal saline (ns)	1
11.	Sterile gloves	2 pair

4. PERICARE SET

S.N.	Name Of Instrument/ Article	Quantity
1.	Sterile bowl	1
2.	Artery forceps	1
3.	Thumb forceps	1
4.	Antiseptic solution (betadine)	1
5.	Gauze pieces	1
6.	Sterile kidney tray	1
7.	Cheatle forceps with jar	1
8.	Sterile drum containing sterile pad,cotton and gauze	
9.	Perineal light	2
10.	Mackintosh/ rubber sheet	1
11.	Paper bag/ bucket	1
12.	Screen	1
13.	Clean bed pan	2

5. BREAST CARE SET

S.N.	Name Of Instrument/ Article	Quantity
1.	Bowl of cotton swabs	1 set
2.	Sponge cloths	2 pair
3.	Towel	1
4.	Kidney tray	1
5.	Small mackintosh	1
6.	One basin with luke warm water	1
7.	Jug	1
8.	Screen	1

6. BABY BATH SET

S.N.	Name Of Instrument/ Article	Qty
1.	Warm water(37C-38C) in baby bath tub	1
2.	Water jug	2
3.	Soft towel, to dry after bathing	1
4.	Kidney tray/paper bag	1
5.	Bucket or container	1
6.	Clean baby cloth	1
7.	Napkin	1
8.	Baby soap (non-irritating)	1

S.N.	Name Of Instrument/ Article	Qty
9.	Eye care set containing: (normal saline/boiled water in sterile bowl, sterile cotton)	1 set
10.	Equipment for cord care: normal saline, cord clamp	1 set
11.	Oil to apply after bath	1
12.	Dry cotton to apply on baby's ear for prevention of water entry inside auditory canal	4-5 pcs
13.	Infantometer (weight machine)	1

7. GYNECOLOGICAL EXAMINATION SET

S.N.	Name Of Instrument/ Article	Qty
1.	Kidney tray	1
2.	Sponge holding forceps	1
3.	Cusco's vaginal speculum	1
4.	Sims' vaginal speculum	1
5.	Allis tissue forceps	1
6.	Antiseptic solution (Betadine)	1
7.	Sterile cotton balls/swabs	1

S.N.	Name Of Instrument/ Article	Qty
8.	Gauze pieces	1
9.	Lubricating jelly	1 set
10.	Mackintosh (rubber sheet)	1 set
11.	Normal saline	1
12.	Disposable gloves (sterile & non-sterile)	1 pair
13.	Torch/light source	1

8. POSTNATAL EXAMINATION SET

S.N.	Name Of Instrument/ Article	Qty	S.N.	Name Of Instrument/ Article	Qty
1.	Sterile / clean gloves	1	7.	Kidney tray	1
2.	Apron	1	8.	Torch light	1
3.	BP instrument	1	9.	Sterile pads	few
4.	Thermometer	1	10.	Watch	1
5.	Tape measure	1	11.	Clean towel	1
6.	Weighing scale(baby)	1	12.	Cotton swabs/gauze pieces	few

9. PPH/ SHOCK MANAGEMENT TRAY

S.N.	Name Of Instrument/ Article	Qty	S.N.	Name Of Instrument/ Article	Qty
1.	Sterile gloves	2-3 pairs	15.	Syringes (5 ml, 10 ml, 20 ml)	1
2.	Kidney tray	1	16.	BP apparatus	
3.	Sponge holding forceps	1	17.	Stethoscope	
4.	Artery forceps	1	18.	Pulse oximeter	
5.	Gauze pieces	1	19.	Thermometer	
6.	Perineal pads	1	20.	Urinary catheter (Foley's)	
7.	Oxytocin (10IU ampoules)	1	21.	Urine collection bag	
8.	Inj Tranexamic acid (TXA)	1	22.	Uterine balloon tamponade (Condom catheter set)	
9.	Misoprostol tablets	1	23.	Vaginal speculum (Cusco's/Sims')	
10.	IV fluids (Normal saline / Ringer lactate)	2-3bottel	24.	Suturing set (for tear repair)	
11.	Calcium gluconate (if needed)		25.	Long gloves	
12.	Adrenaline (for emergency)		26.	Oxygen cylinder with mask	
13.	IV cannula (16G/18G)	1	27.	Ambu bag	
14.	IV infusion sets	2	28.	Warm blankets	

10. MVA SET

S.N.	Name Of Instrument/ Article	Qty
1.	Sterile gloves	2-3 pairs
2.	Gauze pieces	10-20pairs
3.	Cotton balls	few
4.	Povidone iodine solution	1 bottle
5.	Lignocaine	1-2
6.	Syringe	1-2
7.	Sterile drapes	1
8.	Torch light	1
9.	Specimen container	1
10.	Mva syringe	1

S.N.	Name Of Instrument/ Article	Qty
11.	Cannula various size	1set
12.	Dilators various size	1set
13.	Cusco's /sim's speculum	1
14.	Vulsellum	1
15.	Uterine sound	1
16.	Sponge holding forceps	1-2
17.	Artery forceps	2-4
18	Kidney tray	1-2
19.	Iv set	1